take it

ONE thought

at a time

When you better understand your reasons for smoking,
you'll be better prepared to quit smoking.

take the time

TO think

about why you smoke

quittas.org.au | Quitline 13 7848 | Quit Tasmania

Take the quiz to think about why you smoke quittas.org.au

Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au
Take the quiz to think about why you smoke quittas.org.au